

Field's
SEPTEMBER

Nutritionized Menu



Monday	Tuesday	Wednesday	Thursday	Friday
8/31 Beef Nachos Shredded Cheddar Cheese Sour Cream Refried Beans Green Beans Apples	9/1 Buttermilk Pancakes Syrup Tater tots Peas & Carrots Oranges	9/2 Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit	9/3 Buttered Noodles Mixed Veggies Bread Fresh Fruit	9/4 Cheese Ravioli In Marinara Sauce Butternut Squash Melon Mix Wheat Bread
9/7 Labor Day! School Closed!	9/8 Penne Pasta Marinara Sauce Peas Bread Cantaloupe	9/9 Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit	9/10 Cheese Quesadillas Guacamole Sour Cream Corn Tortilla Chips	9/11 Beef Sloppy Joe Sweet Potato Fries Green Peas Melon Mix Wheat Bread
9/14 Cheesy Chicken and Rice Bake Green Beans Apple Wheat Dinner roll	9/15 Turkey & Cheese Sandwiches Cucumbers Pretzels Oranges	9/16 Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit	9/17 Chicken Nuggets Ketchup Rice Green Beans Watermelon	9/18 Cheesy Seashell Pasta Butternut Squash Melon Mix Wheat Bread
9/21 Vegetarian Chili Rotini Pasta Diced Carrots Apple Dinner Roll	9/22 Buttered Noodles Mixed Veggies Bread Fresh Fruit	9/23 Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit	9/24 Hot Dogs Buns Peas and Carrots Pears Chex Mix	9/25 Cheeseburger Casserole Brussel Sprouts Wheat Bread Melon Mix
9/28 Beef Nachos Shredded Cheddar Cheese Sour Cream Refried Beans Green Beans Apples	9/29 Turkey & Cheese Roll ups Cucumbers Pretzels Oranges	9/30 Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit		

Our Chicken is 100% Natural, no artificial ingredients, no artificial colors, no preservatives. 2015 menus provided by Quality Catering approved by Emily Botma, RDN ~Nutrition information regarding these entrées is available on our website.