




# Nutritionized Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4/1 Beef Picadilio Rotini Pasta Corn Apple Dinner Roll	4/2 Turkey and Cheese Sandwiches Oranges Pretzels Green Beans	4/3 Cheese Pizza Salad Corn Ranch Dressing Bananas	4/4 Beef Nachos/Tortilla Shredded Cheddar Cheese Sour Cream Spanish Rice Carrots and a Pear	4/5 Pancakes Tater Tots Syrup Fresh Fruit
4/8 Turkey A La King Steamed Rice Diced Carrots Apple Dinner Roll	4/9 Chicken Nuggets Oranges Ketchup Pretzels	4/10 Cheese Pizza Salad Corn Ranch Dressing Bananas	4/11 Cheese Quesadillas White Rice Oranges Tortilla Chips	4/12 Italian Beef Meatballs in Marinara Sauce Spaghetti Noodles Cauliflower Fresh Fruit Dinner Roll
4/15 Macaroni & Cheese Carrot Mash Apple Dinner Roll	4/16 Buttered Noodles Green Beans Bread Fresh Fruit	4/17 Cheese Pizza Salad Corn Ranch Dressing Bananas	4/18 Hot Dogs Buns Peas and Carrots Pears Veggie Straws	4/19 Cheese Ravioli Marinara Sauce Green Beans Diced Fresh Fruit Wheat Bread
4/22 Turkey Chili Rotini Pasta Green Peas Apple Dinner Roll	4/23 Turkey and Cheese Sandwiches Oranges Pretzels Green Beans	4/24 Cheese Pizza Salad Corn Ranch Dressing Bananas	4/25 Three Cheese Pasta Bake Sauteed Cabbage Pear Wheat bread	4/26 Sun Butter & Jelly Sandwiches Mixed Veggies Pretzels Fresh Fruit
4/29 Beef Picadilio Rotini Pasta Corn Apple Dinner Roll	4/30 Pancakes Tater Tots Syrup Fresh Fruit			

Our Chicken is 100% Natural, no artificial ingredients, no artificial colors, no preservatives. 2015 menus provided by Quality Catering approved by Emily Botma, RDN ~Nutrition information regarding these entrées is available on our website.