



Nutritionized Menu



Monday	Tuesday	Wednesday	Thursday	Friday
12/1	12/2	12/3	12/4	12/5
Turkey Chili Steamed Rice Green Peas Apple Cornbread	Turkey & Cheese Roll Ups Pirates Booty Fresh Fruit Tortilla	Cheese Pizza Salad Corn Ranch Dressing Bananas	Cheese Quesadillas Guacamole Sour Cream Tortilla Chip Fresh Fruit	Cheese Ravioli in Marinara Sauce Butternut Squash Diced Fresh Fruit Wheat Bread
12/8	12/9	12/10	12/11	12/12
Pesto Pasta with Chicken Brussel Sprouts Apple Dinner Roll	Buttered Noodles Mixed Vegetables Fresh Fruit Bread	Cheese Pizza Salad Corn Ranch Dressing Bananas	Chicken Nuggets Tater Tots Peas & Carrots Fresh Fruit	Parmesan Chicken Noodles Green Beans Diced Fresh Fruit Wheat Bread
12/15	12/16	12/17	12/18	12/19
Chicken Lo Mein Green Beans Apple Dinner Roll	Pasta in Marinara Sauce Bread Mixed Vegetables Fresh Fruit	Cheese Pizza Salad Corn Ranch Dressing Bananas	Pancakes Tater Tots Syrup Fresh Fruit	Cheesy Baked Mostaccioli Butternut Squash Bread Dice Fresh Fruit
12/22	12/23	12/24	12/25	12/26
Spaghetti with Beefy Meat Sauce Diced Carrots Apple Dinner Roll	Turkey and Cheese Sandwiches Pretzels Corn Fresh Fruit	Closed Christmas Eve	Closed Christmas Day	Sloppy Joes French Fries Green Peas Diced Fresh Fruit Wheat Bun
12/29	12/30	12/31	1/1	
Turkey Chili Steamed Rice Green Peas Apple Cornbread	Buttered Noodles Mixed Vegetables Fresh Fruit Bread	School Closed New Year's Eve	Closed New Year's Day	

Our Chicken is 100% Natural, no artificial ingredients, no artificial colors, no preservatives. 2015 menus provided by Quality Catering approved by Emily Botma, RDN ~Nutrition information regarding these entrées is available on our website.