

Nutritionized Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		12/31	1/1	1/2
		School Closed	Closed	See December
1/5	1/6	1/7	1/8	1/9
Chicken and Broccoli Steamed Rice Green Beans Apples Whole Grain Dinner Roll	Turkey & Cheese Sandwiches Mixed Vegetables Chex Mix Fresh Fruit	Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit	Hot Dogs & Buns Tortilla Chips Mixed Vegetables Fresh Fruit	Chicken Parmesan Noodles Cauliflower Melon Mix Wheat Bread
1/12	1/13	1/14	1/15	1/16
Cheesy Potato Meatloaf Casserole Diced Carrots Apples Dinner roll	Buttered Noodles Green Beans Pretzels Fresh Fruit Bread	Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit	Grilled Cheese & Tomato Soup Mixed Vegetables Bread Fresh Fruit	Chicken Patty Ketchup Baked Sweet Potatoes Brussel Sprouts Melon Mix Wheat Bread
1/19	1/20	1/21	1/22	1/23
School Closed! MLK DAY/Staff Training	Pancakes Tater tots Fresh Fruit Syrup	Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit	Spaghetti in Marinara Sauce Mixed Vegetables Fresh Fruit Bread	BBQ Pulled Chicken Rainbow Potatoes Green Beans Melon Mix Wheat Bun
1/26	1/27	1/28	1/29	1/30
Chicken in a Creamy Red Sauce Brussel Sprouts Apple Dinner Roll	Cheese Quesadillas Sour Cream Guacamole Tortilla Chips	Cheese Pizza Salad Corn Ranch Dressing Fresh Fruit	Chicken Nuggets Mixed Vegetables Fresh Fruit Pretzels	Beef Sloppy Joes French Fries Butternut Squash Melon Mix Wheat Bun

Our Chicken is 100% Natural, no artificial ingredients, no artificial colors, no preservatives. 2015 menus provided by Quality Catering approved by Emily Botma, P regarding these entrées is available on our website.

